

ROCKY RACCOON 100 AID STATION CHARTS



All cutoff times figured from the mass start of the 100 Mile race.

Slowest Possible Pace = 19:12

Rocky Raccoon 100 Mile									
Name	Sequence	Split	Mile	Drop Bags	Crew	Parking	Served	Cutoff	Cutoff Hours
Lap 1									
Raven	0	Start	0	no delivery	Y	Y	Full (hot and cold)		
Gate	1	4.1	4.1	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Nature Center	2	5	9.1	no delivery	Y	Y - a few in parking lot only	Full (hot and cold)		
Dam Nation	3	5	14.1	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Raven	4	5.9	20	no delivery	Y	Y	Full (hot and cold)		
Lap 1									
Gate	5	4.1	24.3	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Nature Center	6	5	29.3	no delivery	Y	Y - a few in parking lot only	Full (hot and cold)		
Dam Nation	7	5	34.3	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Raven	8	5.9	40.1	no delivery	Y	Y	Full (hot and cold)		
Lap 3									
Gate	9	4.1	44.5	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Nature Center	10	5	49.4	no delivery	Y	Y - a few in parking lot only	Full (hot and cold)		
Dam Nation	11	5	54.5	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Raven	12	5.9	60.2	no delivery	Y	Y	Full (hot and cold)		
Lap 4									
Gate	13	4.1	64.6	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Nature Center	14	5	69.6	no delivery	Y	Y - a few in parking lot only	Full (hot and cold)		
Dam Nation	15	5	74.7	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Raven	16	5.9	80.3	no delivery	Y	Y	Full (hot and cold)	7:41 AM	25 hrs, 41 min
Lap 5									
Gate	17	4.1	84.8	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)	9:08 AM	27 hrs, 8 min
Nature Center	18	5	89.8	no delivery	Y	Y - a few in parking lot only	Full (hot and cold)	10:44 AM	28 hrs, 44 min
Dam Nation	19	5	94.8	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)	12:20 PM	30 hrs, 20 min
Raven	20	5.9	100.4	no delivery	Y	Y	Full (hot and cold)	2:00pm	32 hrs, 0 min

All cutoff times figured from the mass start of the 100km race.

Slowest Possible Pace = 29:56

Rocky Raccoon 100 KM									
Name	Sequence	Split	Mile	Drop Bags	Crew	Parking	Served	Cutoff	Cutoff Hours
Lap 1 (Modified Short 1st Lap)									
Raven	0	Start	0	no delivery	Y	Y	Full (hot and cold)		
Raven	1	2.2	2.2	no delivery	Y	Y	Full (hot and cold)		
Lap 2 (Full Lap)									
Gate	2	4.1	6.4	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Nature Center	3	5	11.4	no delivery	Y	Y - a few in parking lot only	Full (hot and cold)		
Dam Nation	4	5	16.4	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Raven	5	5.9	22.3	no delivery	Y	Y	Full (hot and cold)		
Lap 3 (Full Lap)									
Gate	6	4.1	26.6	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Nature Center	7	5	31.6	no delivery	Y	Y - a few in parking lot only	Full (hot and cold)		
Dam Nation	8	5	36.6	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)		
Raven	9	5.9	42.4	no delivery	Y	Y	Full (hot and cold)	7:41 AM	24 hrs, 41 min
Lap 4 (Full Lap)									
Gate	10	4.1	46.7	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)	9:08 AM	26 hrs, 8 min
Nature Center	11	5	51.7	no delivery	Y	Y - a few in parking lot only	Full (hot and cold)	10:44 AM	27 hrs, 44 min
Dam Nation	12	5	56.8	we can deliver	Y	Y - a few, Coloneh parking lot only	Full (hot and cold)	12:20 PM	29 hrs, 20 min
Raven	13	5.9	62.5	no delivery	Y	Y	Full (hot and cold)	2:00pm	31 hrs, 0 min